

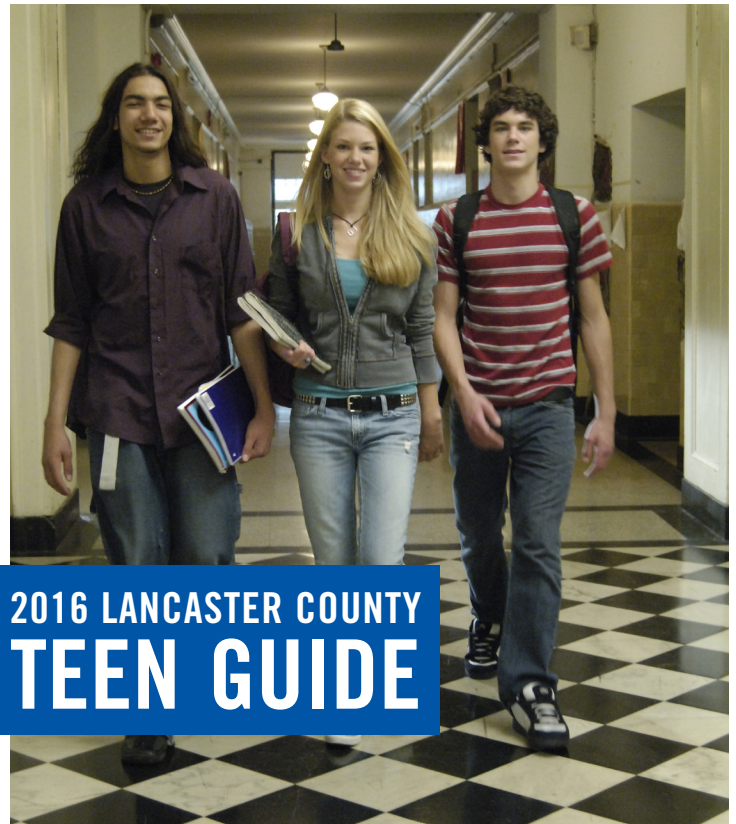
**Questions? Problems?  
Don't know where to turn?  
Pennsylvania 2-1-1 East can  
help. Simply call 2-1-1.**

**Pennsylvania 2-1-1 East at  
United Way of Lancaster County**

**Phone: 2-1-1  
Email: 211@UWLanc.org  
Web: PA211East.org  
f PA211East**

**Get help by text!  
Text your zip code to 898211**

The Teen Guide is prepared by Pennsylvania 2-1-1 East. Inclusion does not imply endorsement. This guide is not meant to be comprehensive, if additional referrals are needed, contact Pennsylvania 2-1-1 East.



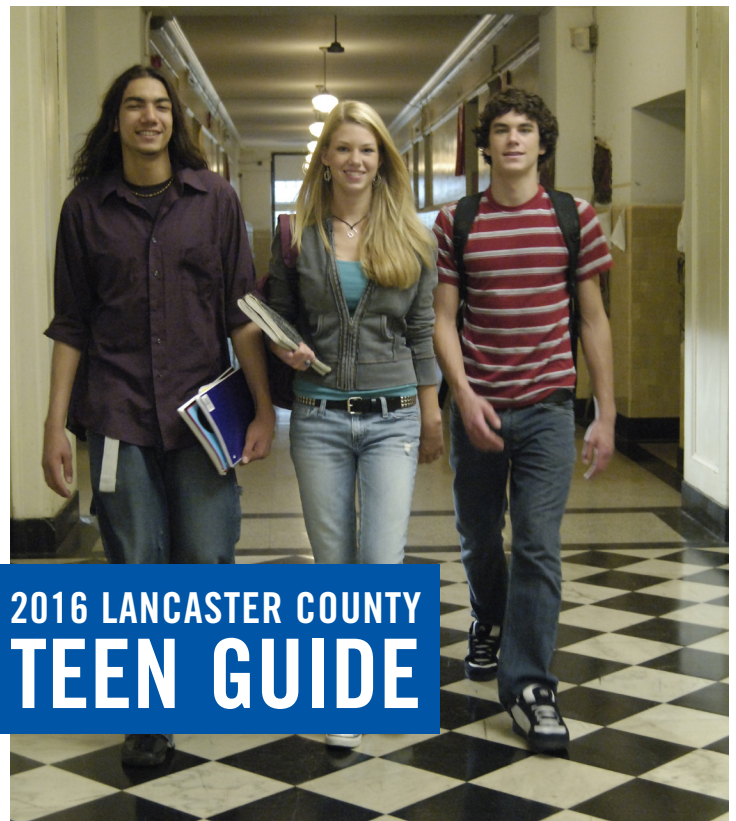
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# 2016 LANCASTER COUNTY TEEN GUIDE

This guide focuses on critical topics and offers accessible information and contact numbers.

## **ABUSE/EMERGENCY**

Ambulance, Fire, Police ..... 9-1-1  
BHDS, Crisis Intervention ..... 717.394.2631  
[www.humanservices.co.lancaster.pa.us](http://www.humanservices.co.lancaster.pa.us)  
ChildLine and Abuse Registry .... 800.932.0313  
Domestic Violence Services  
of Lancaster County ..... 717.299.1249  
[www.dvslanc.org](http://www.dvslanc.org)  
National Dating Abuse Helpline . 866.331.9474  
[www.loveisrespect.org](http://www.loveisrespect.org)  
Safe Haven ..... 866.921.7233  
*newborn protection*  
[www.secretSAFE.org](http://www.secretSAFE.org)  
The Poison Control Center ..... 800.222.1222  
[www.poisoncontrol.chop.edu](http://www.poisoncontrol.chop.edu)  
YWCA Sexual Assault Prevention &  
Counseling Center ..... 717.392.7273  
[www.ywcalancaster.org](http://www.ywcalancaster.org)

## **ALCOHOL/DRUG PROBLEMS**

Al-Anon/Alateen ..... 877.298.5027  
[www.pa-al-anon.org](http://www.pa-al-anon.org)  
Alcoholics Anonymous ..... 717.394.3238  
[www.lancasteraa.org](http://www.lancasteraa.org)  
Compass Mark, Inc. .... 717.299.2831  
[www.compassmark.org](http://www.compassmark.org)  
Narcotics Anonymous ..... 717.393.4546  
[www.marscna.org](http://www.marscna.org)

## **DISABILITY SERVICES**

Disability Empowerment Center . 717.394.1890  
[www.decpa.org](http://www.decpa.org)

Ephrata Area Rehab Services ..... 717.733.0710  
[www.ephratarehab.org](http://www.ephratarehab.org)  
Lancaster-Lebanon IU 13 ..... 717.606.1600  
[www.iu13.org](http://www.iu13.org)  
The ARC of Lancaster County .... 717.394.5251  
[www.thearcoflancasterco.org](http://www.thearcoflancasterco.org)

## **EDUCATION & EMPLOYMENT**

Arbor Education and Training ..... 717.509.0134  
[www.arboret.com](http://www.arboret.com)  
Pennsylvania CareerLink  
Lancaster County ..... 717.509.5613  
[www.jobs4lancaster.com](http://www.jobs4lancaster.com)

## **FREE MEALS**

Pennsylvania 2-1-1 East ..... 2-1-1  
*listing of free meals that are offered daily*  
[www.pa211east.org](http://www.pa211east.org)

## **RUNAWAYS**

National Runaway Switchboard .. 800.786.2929  
[www.1800runaway.org](http://www.1800runaway.org)

## **SEXUALITY**

A Woman's Concern ..... 717.394.1561  
[www.pregnancylancaster.com](http://www.pregnancylancaster.com)  
Alder Health Services ..... 717.509.6349  
[www.alderhealth.org](http://www.alderhealth.org)  
Common Roads ..... 717.920.9534  
[www.centralpalgbtcenter.org](http://www.centralpalgbtcenter.org)  
Healthy Baby Helpline ..... 800.986.2229  
Planned Parenthood ..... 717.299.2891  
[www.planitpa.org](http://www.planitpa.org)

SouthEast Lancaster  
Health Services ..... 717.299.6371  
[www.selhs.org](http://www.selhs.org)  
Susquehanna Valley  
Pregnancy Services ..... 717.575.0561  
[www.svps.org](http://www.svps.org)  
Teen Pregnancy &  
Parenting Program ..... 717.397.5241  
[www.pressleyridge.org](http://www.pressleyridge.org)

## **SOMEONE TO TALK TO**

Contact Lancaster Helpline ..... 717.394.2000  
[www.contacthelpline.org](http://www.contacthelpline.org)

## **TEEN CENTERS**

Boys & Girls Club of Lancaster... 717.295.3474  
[www.bgclanc.org](http://www.bgclanc.org)  
Cross Connection Ministries ..... 717.355.2454  
[www.newhollandcross.org](http://www.newhollandcross.org)  
Factory Youth Center ..... 717.687.9594  
[www.thefactoryministries.com](http://www.thefactoryministries.com)  
Rainbow's End Youth Services.... 717.653.9511  
[www.reys.org](http://www.reys.org)  
Teen Central ..... 717.664.2990  
[www.manheimyouthcenter.org](http://www.manheimyouthcenter.org)  
Teen Haven ..... 717.392.1995  
[www.wsm.org](http://www.wsm.org)  
The Mix at Arbor Place ..... 717.393.1523  
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